ETIQUETTE

Welcome to Reflex Studios!

- 1. We show respect and courtesy to ourselves and others
- 2. Check all excuses and attitudes at the door
- 3. Respect fellow classmates be attentive during class
- 4. Respect the dance space and facility
- Dress Code is required for some classes; ensure Instructor allows warm-ups prior to class; this is for safety and to allow Instructors to properly assess student movement quality
- 6. Only water is permitted in studio: No food or glass containers please
- 7. No hanging/leaning on barres, no horseplay; please do not touch mirrors
- 8. No cell phone use during class please set all phones to silent mode
- 9. Only students in studio area; parents/family must remain in front office
- 10. Please do not talk during class instruction; we are all here to learn/grow together
- 11. Please do not correct other classmates our Instructors will handle it
- 12. Young students may not be dropped off or remain at the Studio more than 15 minutes prior to/after class ends
- 13. Tuition must be paid timely in order for student/participant to perform in classes
- 14. Please do not attend class if you are ill; rest and return when you are well
- 15. Contact the studio if you cannot attend class we worry about our students!
- 16. Students may make up missed classes; our Instructors will advise which classes are available for make up times
- 17. If you are late to class, please contact the Studio, and enter quietly upon arrival; if warm-up was missed, warm up on your own before joining class to avoid injury
- 18. If you miss a class, ask a classmate for assistance; be prepared to do your best without expecting the instructor to repeat missed lessons/choreography.
- 19.Never quit in the middle...of the room, of the combination, or of the class. Keep moving and don't stop the movement in the room
- 20. Understand/receive constructive corrections; a correction may not apply to you; try to apply it!
- 21.Ask questions: If you do not understand something, please ask. Someone else may have the same question and may be afraid to ask
- 22. When class ends, applaud or thank the instructor they worked hard too!

23. ALWAYS TRY YOUR BEST & HAVE FUN!

